

# Sermon Reflections

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*The Great I Am: The Eternal God* • Psalm 90

**Summary:** You have one short life to live - so live it for the only thing that lasts - the eternal God.

## 1. Remember that God is Eternal (vv. 1-2)

- God is our constant comfort in a world of constant change. As you think of your typical day how much time is spent on what is of eternal value?
- Read Psalm 91:9-10. Is trouble the same thing as evil? Why or why not? How do we understand this verse to be true?
- How does the eternity of God give comfort as you anticipate potential future trials? See Psalm 23:4

## 2. Realize that you are temporary (vv. 3-6)

- In light of verse 4, how does the truth of Romans 8:18 encourage you?
- The Israelite adults were punished with death for their unbelief. How might we still have areas of unbelief in our lives today?

## 3. Recognize that God's wrath ends you (vv. 7-11)

- Though mankind, through Adam's sin in the garden, earned death as its punishment for sin, how does Romans 8:1 apply?
- Read verses 7-8. How does Rom. 5:9-10 give us hope?

## 4. Return so that God's mercy may establish you (vv. 12-17)

- Read Proverbs 9:10. How does "numbering our days" relate to this?
- Read vv. 14-15. Is Moses asking that God do more so that he can be satisfied? What is he really asking here?
- Read 1 Corinthians 15:56-57. What is the connection between the phrases "victory through Jesus Christ" and "the power of sin is the law"? How does this affect your life?